

✦ DIVINE DOWNLOADS STARTER KIT ✦

Create Your Sacred Space

A Simple Daily Goddess Practice



Welcome



Thank you for downloading this “Creating Your Sacred Space” Starter Kit

For years I have been creating and returning to my altars —
(yes, I have more than one).

They have become a simple way to ground and centre myself throughout the day,
especially when life feels full and I begin to lose connection with myself.

Sometimes, it only takes a moment.

A single glance at the small flame, burning with quiet constancy.

The soft beauty of a hibiscus flower offered with care.

In that pause, something shifts.

I return to a place of calm, of presence...

and I am reminded of the simplicity of devotion.

Devotion to the Mother Divine —

the Shakti of the universe —

the energy that moves through everything we think, feel, say, and experience.

This practice is an invitation to create that space for yourself.

You don't need much. Just a small space, a simple intention, and a willingness to pause.



Set Up Your Sacred Space



Choose a small, quiet place in your home.
It doesn't need to be elaborate or perfectly arranged.

A simple corner, a shelf, or a small table is enough.

Begin with just a few elements:

- A goddess image or yantra
- A candle (to represent light and awareness)
- A flower offering (for beauty and devotion)
- Incense (optional, to gently clear the space)

Let this space be personal to you.

There is no right way to create an altar —
only what feels meaningful and alive.

Over time, you may feel to add or change things.

Let it evolve naturally.

A Simple Daily Practice



Begin your day with a small, intentional moment.

If you can, take a gentle walk and pick a flower for your goddess.
This simple act of offering brings beauty and presence into your practice.

Return to your sacred space.

Place the flower on your altar.

Light your candle.

Take a few slow breaths.

Recite the mantra of your chosen goddess.

You may work with one, or with all three —
follow what feels natural.

Then pause.

Breathe.

Rest in yourself.

Let this short, precious ritual gently anchor your day. Even a few moments is enough.

Choose Your Goddess



Begin with one image or yantra that gently draws your attention.

There is no need to overthink this.
Simply notice what you feel naturally drawn to.

You may feel called to:

Lakshmi — for abundance, beauty, and flow
Kali — for truth, protection, and transformation
Saraswati — for intuition, creativity, and inner wisdom

Each represents a different aspect of the same divine energy.

Trust your instinct.
The one you are drawn to is the one that is most needed.

KALI

Transformation & Protection



Om Kreem Kalikayai Namaha



LAKSHMI

— ABUNDANCE & FLOW —



Om Shreem Mahalakshmiyei Namaha



Lotus

SARASWATI

—• INTUITION, CREATIVITY & WISDOM •—



Lotus

Om Aim Saraswatyai Namaha

Continue Your Journey



If you feel called to deepen your practice, there are many ways to continue.

You might choose to explore further goddess resources, rituals, and creative devotional tools — or simply keep returning to this space each day.

Let your practice unfold in its own time.

When you are ready, you can explore more here:

divinedownloadsdistribution.com

With love

Amanda